



Chicago Lights
Newsletter
November 2005

CENTER FOR WHOLE HEALTH

New Heart Health Program for Women

September marked the start of the Near North Healthy Heart Program for Women. The program goal is to promote preventative health practices to African-American women in Cabrini Green. Sited at Holy Family Lutheran Church, it will include an online active learning curriculum, hands-on workbooks, peer support and education sessions, one-on-one health assessments and individual counseling.

This builds on the pilot Fourth Church member **Lola Coke** conducted at the former Center for Whole Life in 2003 as a Schweitzer Foundation fellow. Now an Advance Practice Nurse on faculty at Rush University, Lola will administer the program through the Center for Whole Health. The 2005 start-up is being funded by a grant from the Creative Ministries of Presbyterian Women Offering and the Blowitz-Ridgeway Foundation. With the recent announcement of major support from the National Recreation Foundation, Center for Whole Health Director, **Terrill Stumpf**, anticipates Healthy Heart evolving into a signature program for the Center in 2006 and beyond.



Being Neighbors Through Flu Shots

The Center for Whole Health (CWH) partnered with the Chicago Department of Public Health and the American Lung Association of Metropolitan Chicago to administer over 881 flu shots to community members and guests of the Elam Davies Social Service Center (EDSSC). Terrill Stumpf, Director of the Center for Whole Health spoke with one individual from the community who stated how much he appreciated Fourth Church hosting the flu immunizations... he left saying, "You all, are truly our neighbors."

Annual Caregivers Celebration

Peaceful Moments was the theme of our annual Caregivers Luncheon.

Each year the CWH and the Center for Older Adults (COA) honor those who have devoted their time to ensure that the needs of others are being met. Fourth Church staff participated in the event with **Beverly Escuder** singing songs from the past and **Judith Schneider** providing a



poem for the occasion. This beautiful event afforded many caregivers and the people they care for the chance to gather and remember those who were unable to join us.

Center for Whole Health Upcoming Events

As we look ahead to the future, we hope that you will join us in celebrating many other firsts and festivities.

Saturday November 12, 1-4 p.m. Page Smith Room

Saturday November 19, 1-4 p.m. Dining Room

Saturday, December 3, 1-4 p.m. Page Smith Room

New Visions: Help for Adults with Vision Loss

(4 week series) in partnership with Guild for the Blind

Sunday, November 13, 2005 12:15 p.m.

Circle of Hope: Hospice and Palliative Care Awareness Luncheon Forum Discussion

Save the Date for January 22, 2006

Fourth Church Winter Blood Donor Sunday

DEVELOPMENT

Chicago Lights has received new grant awards from the Field Foundation and the Japanese Chamber of Commerce and Industry of Chicago Foundation (JCCC).



The Field Foundation

renewed their support of the Job Training and Readiness program with a grant of \$10,000. The \$5,000 grant from JCCC is a first-time award in support of the Near North Magnet Cluster. Above Fourth Church Member **Ralph Fujimoto** joined **Diana Anton** and **Beth Truett** for the check presentation during a reception at the Chicago Club. We are grateful to all these organizations for their support.



Holiday Cards are here and on sale! The sale of cards benefits the Partners in Education Tutoring Program by offsetting the cost of books, supplies and other expenses. Cards can be purchased at reception, during coffee hour, online, by phone or at select retailers! See www.fourthchurch.org/cards.html or call 312.981.3596 for more information.

CENTER FOR OLDER ADULTS

Beyond Barriers Celebrations

Many thanks to **John Boyle, Jan Strong, Lisa Guynn, Kate Guynn, Elizabeth Guynn,** and **Erica Schemper** who helped make our *Spirit of the Living God Vespers* a meaningful and uplifting worship experience! Sixty guests attended our **40th Anniversary Dinner** and enjoyed a retrospective presentation with **Jan Strong**, a photo history, and future visions from **Patty Jenkins**.



While October has been filled with celebrations, Beyond Barriers is just one of the many exciting things happening at the COA. Long Range Planning completed its first phase of research: assessing the strengths of the COA as an organization. Lilly Resident **Catherine Knott** has chosen to dedicate time to the COA to support her learning goals. Catherine is working on an outreach to homebound seniors by providing transportation to our annual Harvest Home luncheon in November.

ELAM DAVIES SOCIAL SERVICE CENTER



With the holidays just around the corner the Elam Davies Social Service Center (EDSSC) is preparing for our annual Christmas Bag Project. Each year we provide guests with Christmas bags. Volunteer members from the Center for Older Adults will prepare the Christmas bags on November 1, 2005, at 1 p.m.

The first computer class offering online education for adult literacy will come to a close October 31, 2005. This class offers guests of the EDSSC the opportunity to address remedial English deficits online while learning basic computer operation.

Finally, there is a need for men's winter coats for the coming winter months; large sizes are in greatest demand.

SUMMER DAY

Summer Day is currently taking time off to rest and regroup! We had a fabulous program this summer filled with academics, fine arts and field trips. Stayed tuned for more information regarding our 25th Anniversary in 2006! For more information about the Summer Day, please contact **Sarah Tribuzio**, Director, at 312.981.3563 or stribuzio@fourthchurch.org

TUTORING AND SCHOLARSHIP

The Tutoring and Scholarship Program had a strong opening during the first week of October. Tutors and students who have worked together for many years were delighted to reacquaint while others were excited to meet for the first time. This year we have strengthened our partnership with the Greater Chicago Food Depository and are now receiving pre-prepared meals for Kids Cafe directly from the Depository. Of course the students are still thrilled when Levy Restaurants come to visit. This month students feasted from the menu of Bistro 110 and participated in a creative session with the Levy Marketing department.



The Tutoring and Scholarship Program is pleased to welcome **Katie Wolgemuth** to the team as Education Programs Manager. Katie returns to Chicago after serving as the Project Assistant for The Education Trust in Washington DC. She has also taught high school for four years at Evergreen Valley High School in California. We are excited about the experience and enthusiasm Katie will bring to her work with Kids Café.

NEAR NORTH MAGNET CLUSTER

The Near North Magnet Cluster hosted the 5th annual Teacher's Appreciation Luncheon at Jenner Academy of the Arts on November 5. Over 150 teachers, administrators and staff from the three schools, Jenner Academy of the Arts, Manierre School and Schiller School were honored with lunch and a gift drawing!



A NOT-FOR-PROFIT CORPORATION AT THE
FOURTH PRESBYTERIAN CHURCH OF CHICAGO
Ed Miller, President, Board of Directors
Beth Truett, Executive Director
Jennifer Keegan, Editor