

Spring Retreat at 2009

March 20-22, 2009

Join Us

Please join us in Saugatuck, Michigan, for Fourth Church Rising's 2008 Spring Retreat. Set aside this time to enjoy fellowship, a beautiful beachfront, sand dunes, and the fresh lake breezes at Presbyterian Camps, located on Lake Michigan in western Michigan. There will be campfire sing-alongs, hiking, Sunday worship and more!

Program

What a great year this has been! Don't miss out on your last retreat as an eighth grader as we bring our confirmation year of Fourth Church Rising to a close. We'll look back on where we've been, how much we've changed, and where God is leading us for the future. Come celebrate the friendships and the community that we have discovered together and experience a retreat that you'll remember forever!

Accommodations

Two night accommodations: *Friday and Saturday, March 20 and 21*

You need to bring your own pillow and sleeping bag (or sheets and warm blanket). Cabins sometimes get chilly in the evenings.

Meals

Friday: Eat before you arrive at church. Bring small bills or coins for rest stop.

Saturday: Breakfast, lunch, dinner

Sunday: Breakfast and lunch. Bring small bills or coins for rest stop.

Meals are cooked by camp staff and are served family-style in the Dining Hall.

Cost

\$200 (includes transportation, accommodations and meals) *If you need a full or partial scholarship, contact John Vest for more information.*

We do our best to accommodate everyone. Please return the sign-up form along with your nonrefundable payment by March 13 so we can plan accordingly.

FOR MORE INFORMATION, CONTACT

John Vest, Associate Pastor for Youth Ministry
at 312-981-4037 or jvest@fourthchurch.org



Springs Retreat 2009

March 20-22, 2009

Info to Know

Camp Information:
Presbyterian Camps
631 Perryman Street
Saugatuck, MI 49453
(800) 728-1164

Arrival/Departure Times:

March 20

Meet at Chestnut Street parking lot at 7:00pm for prompt departure.

March 22

Arrive at Fourth Church by 4:30pm (Parents please be there to pick up no later than 4:30pm)

Cell Phones, iPods, portable CD/DVD players, videogames or any type of personal electronics are not allowed on any portion of this retreat.

If you need to reach your child while he/she is at the retreat, please call (800) 728-1164 and we will contact you as soon as possible. If you need to contact us while we are on the road, John's cell phone number is 630-728-3523.

What to Pack:

Bath Towel	Toiletries
Warm clothes	Sleeping Bag (or Sheets and a blanket)
2 Pairs of Jeans or Sweats	Pillow
Raingear	Flashlight
Swimming clothes for the polar bears	
Casual clothes appropriate for the weather	
A snack to share with the group (either salty or sweet)	

All medications should be in their original containers and given to John at the beginning of the trip. Exceptions may be made for inhalers and epipens.



The Rising
(Confirmation)

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Please return this sign-up form along with your check (made out to Fourth Presbyterian Church, with "The Rising Spring Retreat " on the memo line), Presbyterian Camps Release form and Fourth Church Medical Information sheet to:

Anita Bright
Fourth Presbyterian Church
126 East Chestnut Street
Chicago, IL 60611-2094

by Monday, March 16, 2009

Name: _____

Address: _____

City/State/Zip: _____

Phone Numbers: _____

Amount Enclosed (please pay in advance): \$ _____

Scholarship Assistance? _____

Amount Requested: \$ _____

We would like to contribute \$ _____ to The Rising's Spring Retreat Scholarship Fund.

Any special needs? _____

Special Food? _____



Registration information is due by Monday, March 16, 2009



Acknowledgement of Risks and Release of Claims and Indemnity

In Regards to Activities at Presbyterian Camps

Name(s) of Adult Participant(s) and/or of Parent(s) or Guardian(s) of Minor Participant(s):

_____ (first) _____ (last)
_____ (first) _____ (last)

Names of Minor Child(ren) (if any): _____

Name of Group: _____ Date of visit: _____ to _____ 20____

Check the activities you (and/or your family members) may participate in while at camp and familiarize yourself with the regulations for each activity:

- ___ Archery (age 10 & up, archery range instructor present, only adults gather arrows)
- ___ Canoeing (one adult per canoe, everyone with floatation device, lifeguard is required)
- ___ Climbing Wall (age 12 & up, wear closed toed shoes, belayed by trained instructor)
- ___ Craft shop/Wood working (only authorized adults with power tools, supervised by staff)
- ___ Frisbee Golf (one adult present, wear closed toed shoes and long pants)
- ___ Group Building Initiatives (age 10 & up, closed toed shoes, listen to adult instructor)
- ___ Low Ropes Course (age 12 & up, wear closed toed shoes, led by trained instructor)
- ___ Night Hike (age 7 & up, one adult for every five children, follow an experienced guide)
- ___ Swimming (children with an adult, calm waves, clear weather, lifeguard required)
- ___ Work Projects (only authorized adults 18 years or older may use power tools with proper orientation and staff supervision)

The safety and well being of each participant is important to the staff of Presbyterian Camps. All reasonable care and precautions are taken to ensure a fun and enriching experience. If you have any questions, please ask a staff member. This acknowledgement, release and indemnity form is both a requirement for insurance coverage and an important reminder to you as a parent or participant to be prepared.

"I, on behalf of myself and my child(ren) listed above, want to participate in the activities of Presbyterian Camps. I realize the camp does not require participation – we are choosing these adventures. I understand that these activities are offered through the Presbyterian Camps and will take place on or around camp property. I acknowledge that these potentially hazardous activities can cause personal injury, property damage, illness and even possible death. Additionally, I understand the camp has animals that might be potentially dangerous, and that these animals should only be approached or petted under the supervision of camp staff.

In consideration of being permitted to participate in said activities and in any other activities at Presbyterian Camps, and in recognition of the potential hazards, I, on behalf of myself and my child(ren) and our respective heirs, successors, administrators and assigns, hereby release and agree to hold harmless and indemnify Presbyterian Camps and its officers, agents and employees from and against all claims, liability, expenses and costs, including reasonable attorney's fees, arising from our participation in these activities.

I understand that this release and indemnity applies to all claims and liability during or after our visit to Presbyterian Camps including those relating to a preexisting health condition. I also understand that this release and indemnity applies to all claims and liability relating to unforeseen or intemperate weather. Furthermore, I understand that I and my family members must obey the activity regulations listed above, the Camp Rules and the safety instruction(s) of the staff.

Signature of Adult(s), Parent(s) or Guardian(s):

_____ Date: _____ Date: _____
_____ Date: _____ Date: _____

2008-2009 Emergency Contact and Medical Information for a Child

Child's Name	Date of Birth	M	F
		Sex	
Parent's/Guardian's Name	Parent's/Guardian's Name		
()	()	()	()
Home Phone	Work Phone	Home Phone	Work Phone
Address	Address		
City, ST ZIP Code	City, ST ZIP Code		

Alternative Emergency Contacts

Primary Emergency Contact	Secondary Emergency Contact
()	()
Home Phone	Work Phone
()	()
Home Phone	Work Phone
Address	Address
City, ST ZIP Code	City, ST ZIP Code

Medical Information

Hospital/Clinic Preference

Physician's Name	Phone Number
Insurance Company	Policy Number

Allergies/Special Health Considerations

I authorize all medical and surgical treatment, X-ray, laboratory, anesthesia, and other medical and/or hospital procedures as may be performed or prescribed by the attending physician and/or paramedics for my child and waive my right to informed consent of treatment. This waiver applies only in the even that neither parent/guardian can be reached in the case of an emergency.

Parent's/Guardian's Signature	Date
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I give permission for my child to go on field trips. I release Fourth Church and individuals from liability in case off accident during activities related to Fourth Church, as long as normal safety procedures have been taken.

Parent's/Guardian's Signature	Date
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I give Fourth Church permission to include my child in photographs relating to Fourth Church activities (photos used for publicity purposes only).

Parent's/Guardian's Signature	Date
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