- In addition to livestreaming our 11:00 a.m. service at www.bit.ly/FPCworship, where the service is available throughout the week, we make the service and sermon available via **podcast: www.bit.ly/FPCpodcast**; we also invite you to sign up to receive our sermons **by email: www.bit.ly/fpcsermons**
- On Wednesday mornings we gather online at 9:30 a.m. for **Morning Prayer via Zoom.** If you would like to join staff in this time of praying for Fourth Church members and those in need, please email Carol Allerton (*callerton@fourthchurch.org*) for the Zoom information.
- If you are looking for a **resource for personal meditation and prayer**, we invite you to use our daily devotions. You can receive the devotions in your inbox (sign up at www.bit.ly/fpcdevotions) or read them online (www.fourthchurch.org/devotions), via Facebook (www.facebook.com/fourthchurch), or on Twitter (www.twitter.com/fourthchicago).
- As a connectional community committed to living out our care for one another and remaining together while apart, we very much we want to hear from you! Our pastors, Deacons, Stephen Ministers, and other volunteers are available to connect with you by phone and email. Please let us know by contacting our Pastoral Care Office (callerton @fourthchurch.org)—
  - ▶ if you are—or someone you know is—feeling isolated, lonely, anxious, or sick
  - ▶ if you are a medical professional or are a provider of essential services, as we want to care for you as well in what we know are are difficult days for you and your colleagues
  - ▶ if you have a prayer request; Dave Handley (dhandley@fourthchurch.org), our Interim Minister for Pastoral Care, is receiving these requests as part of our Morning Prayer and Deacon Prayer Ministries
  - ▶ If you would like to talk to a pastor, please call the church (312.787.4570) and your request will be forwarded to someone on the pastoral staff. If you would like to be in phone contact with a Stephen Minister, please leave a confidential message at 312.573.3365 or contact Dave Handley (dhandley@fourthchurch.org).
  - ▶ If you would like to explore options for tele-therapy with our Replogle Center for Counseling and Well-Being, the Center invites you to call them at 312.787.2729, ext 2260.

**Ensure you receive the latest updates** from Fourth Church by adding your email address to our distribution list. Simply sign up at **www.bit.ly/newsfromfpc** 

Our commitment to caring for those in need and remaining connected while apart depends on all of us. How can you help? If you are available to reach out via phone or email to those in our community who might be feeling isolated or lonely, please let our Pastoral Care Office know by contacting Carol Allerton (callerton@fourthchurch.org). \* If you are able to help our Benevolent Guild sew face masks for health professionals and others providing essential services, please contact Nanette Sawyer (nsawyer@fourthchurch.org).

As part of our commitment to caring for the most vulnerable, Fourth Church Meals Ministry is providing "to go" packaged meals for Sunday and Monday Night Suppers and "to go" lunches for the Tuesday-through-Thursday Bag Lunch program. These are being served outside, so as to limit lines and in-person gatherings. \* The Chicago Lights Social Service Center is providing essential services on Tuesdays (9:00 a.m. to 12:00 p.m.) and Wednesdays through Fridays (10:00 a.m. to 12:00 p.m.) by offering "curbside" pickup of emergency clothing; hygiene items; and preassembled bags for scheduled Food Pantry appointments. See www.fourthchurch.org for ways you can order and ship items needed for these ministries.

In this time while we are not in the same place, we continue to explore new opportunities for all of us to be community and church. \* Sunday School lessons and crafts to do at home are posted at www.bit.ly/fpcsundayschool. \* Information about online youth group and recently-home-from-college gatherings is listed at fourthchurch.org/youth. \* Details about connecting with various online TwentiesThirties opportunities are available from Joe Morrow (jmorrow@fourthchurch.org). \* Instructors in our Center for Life and Learning program for adults sixty and over are emailing assignments and leading some classes via Zoom. For details, email Susan Quaintance (squaintance@fourthchurch.org). \* Chicago Lights Tutoring staff are facilitating virtual relationships between mentors and students, supplying educational and engagement tools, and creating content for e-learning. \* Opportunities to join in a virtual Sacred Pause time of meditation are offered by our Replogle Center for Counseling and Well-Being on Saturdays at 8:30 a.m. and Tuesdays at 7:45 a.m. online at facebook.com/reploglecenterforcounselingandwellbeing

Watch our **website** (www.fourthchurch.org) for additional resources and ways to connect. We also encourage you to follow us on **Facebook** (www.facebook.com/fourthchurch) and **Instagram** (www.instagram.com/fourthchurch) for news, updates, and glimpses of our life together while apart.

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